

Reducing Sexual Reoffending

By using strengths-based approaches



... Specialist training, consultancy & advice

Traditional approaches to assessment and treatment focus on the removal of risk factors and rarely consider how individual offenders can use their own strengths to manage problems and prevent themselves from reoffending.

Our one-day workshop explores a range of strengths-based approaches, which can be used by probation officers, psychologists, social workers and residential workers in their work with sex offenders, and the role these methods play in reducing risk effectively.



working to protect children

www.lucyfaithfull.org/training

Using strengths-based approaches with sex offenders

A course for practitioners working with offenders on a one-to-one basis

This training course provides you with a greater understanding of how you can encourage offenders to manage their own behaviour and avoid reoffending. Throughout the day, you will be given the opportunity to explore the issues using individual case studies as well as to discuss your own case examples.

Course aims

The course looks at practical ways in which strengths-based approaches can be applied to your work with sex offenders (or suspected sex offenders) in order to help them meet everyday challenges.

With a specialist background in offender treatment and management, our course facilitators will explain ways to:

- Work with denial, minimisation and resistance
- Identify resources from an offenders' life-line which can be used to manage risk
- Help sex offenders break or avoid cycles of offending
- Raise sex offender's awareness of appropriate sexual boundaries
- Formulate personal risk management and family safety plans.

The formulation of risk management or safety plans can also be used to consolidate and augment statutory licence conditions, supervision plans and child protection agreements.

The theories and methods covered on this course include solution-focused therapy, motivational interviewing, narrative therapy and the 'Good Lives' approach*.

Booking for 19 Nov 2009 (Bristol), 18 Feb 2010 (Birmingham) and 22 Apr 2010 (Surrey)
or call us to arrange group training at your own premises on another date.

We provide a comprehensive range of services, including training and consultancy for professionals, and direct work with sex offenders and their families.

For further details, visit our website, www.lucyfaithfull.org

* The Good Lives Model
Ward, T & Gannon, T 2006

For further course details, or to discuss your training requirements, contact **Nicola Wathen on 01527 591 922** or email nwathen@lucyfaithfull.org