

Services for individuals who have been arrested, cautioned or convicted

for internet offences involving indecent images of children

The Inform Plus Programme

If you have been accessing indecent images of children online, what can you do?

After your arrest, you will be shocked and distressed – but you may also feel a sense of relief that what you have been doing is no longer a secret.

Now is an opportunity to get help

This can be a very stressful time for you and for your family, as everyone struggles to cope not only with what has happened, but with anxieties about the future.

You can talk to us

Knowing who you can talk to is the first step in getting the right help and support. **The Lucy Faithfull Foundation** (LFF) is a leading child protection charity working to prevent the sexual abuse of children. We work with people who have sexually harmed, or fear they may harm a child, including those who commit offences on the Internet. We also work with their families and those close to them, to help them address the questions and issues the behaviour has raised.

The Inform Plus Programme

The **Inform Plus programme** is a ten week course for groups of 6-10 individuals who have been arrested, cautioned or convicted for internet offences involving indecent images of children.

Facilitated by LFF specialist staff, it provides an opportunity for you to explore your offending behaviour in a structured but supportive environment, and to devise strategies for avoiding future internet offending.

The course includes:

- The behavioural process involved in this type of offending
- The effects on child victims
- The impact of your behaviour on you and those close to you
- Information about the criminal justice system
- Identifying goals for a positive future lifestyle

The information you share during the sessions will remain confidential unless:

- It raises concerns about a child at risk
- You disclose previously unreported offences
- It has been agreed in advance to share information about your progress with other agencies

LFF
We will help
you understand
what is happening
and what you
can do



Working to Protect Children

The Lucy Faithfull Foundation is here to help you. Please call us on 0808 1000 900 or visit www.lucyfaithfull.org.uk

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Support for your family and friends

Wherever possible, we are keen to offer a programme to your family or friends to help them understand and deal with the impact and implications for themselves and the family. The Inform Programme is a course for partners, relatives and friends of anyone who has been accessing indecent images of children online. It offers a safe space in which people who are struggling with the emotional and practical impact of Internet offending can bring their questions and anxieties and begin to explore them in a supportive environment. The Stop it Now! Helpline can offer your family and friends advice and support, and discuss the details of this course with them.



What to do now

For course details, costs and availability, please call the Stop it Now! Helpline on 0808 1000 900. If you cannot attend one of our group programmes, it may be possible for us to deliver this programme on a one-to-one basis.

Additional information on the services we provide can also be found on www.lucyfaithfull.org.uk and www.stopitnow.org.uk

Sources of help

Stop it Now! Helpline 0808 1000 900

www.stopitnow.org.uk The Stop it Now! confidential freephone Helpline is available for you to call and discuss any immediate issues you have with trained operators who can offer confidential and impartial advice. They will help you explore options, including managing future behaviour. This service is available to anyone who has been arrested, cautioned or convicted for accessing indecent images of children online, their partners, relatives and friends.



**Call our confidential freephone Helpline on 0808 1000 900
or email us at help@stopitnow.org.uk**

Online support

You can also access support online through the website **www.get-help.stopitnow.org.uk** The website offers self-help tools and resources to help you understand and address your online behaviour. It also provides information and support to family and friends of people arrested for, or suspected of, accessing indecent images of children online.

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