

## Services for partners, relatives and friends

of people who have been accessing indecent images of children



### The Inform Programme

**If someone you know** has been accessing indecent images of children online, what can you do?

When confronted with this behaviour, most people initially feel anger, shock and confusion – or just numbness. This is quickly followed by urgent questions about how this will affect their family, their relationships, their job – and how they are going to cope with the legal process, the possible media interest and the potential stigma. Almost everyone has a need to know what is likely to happen next.

### You can talk to us

Knowing who you can talk to is the first step in getting the right help and support. **The Lucy Faithfull Foundation** (LFF) is a leading child protection charity working to prevent the sexual abuse of children. We work with people who have sexually harmed, or fear they may harm a child, including those who commit offences on the Internet. We also work with their families and those close to them, to help them address the questions and issues the behaviour has raised.

### The Inform Programme

The **Inform Programme** is a course for partners, relatives and friends of anyone who has been accessing indecent images of children online. It offers a safe space in which people who are struggling with the emotional and practical impact of Internet offending can bring their questions and anxieties and begin to explore them in a supportive environment.

Each group typically has up to six members, who meet for five sessions.

#### The group is led by a specialist LFF staff member and aims to:

- Dispel myths about Internet offending and provide you with the facts
- Explore questions such as:- 'what made him do it?' and 'why didn't he stop?'
- Consider practical issues including the implications of sentencing outcomes and the Sex Offenders' Register
- Help you devise practical strategies to plan for the future, including ongoing risk management
- Provide emotional support to help you cope and alleviate feelings of stress and isolation
- Enhance your ability to aid your own, and your family's, recovery
- The information you share will remain confidential unless it raises concerns about a child at risk



Working to Protect Children

The Lucy Faithfull Foundation is here to help you. Please call us on 0808 1000 900 or visit [www.lucyfaithfull.org.uk](http://www.lucyfaithfull.org.uk)

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## What to do now

**For course details, please call the Stop it Now! Helpline on 0808 1000 900.** If you cannot attend one of our group programmes, it may be possible for us to deliver this programme on a one-to-one basis.

**Additional information on the services we provide can also be found on [www.lucyfaithfull.org.uk](http://www.lucyfaithfull.org.uk) and [www.stopitnow.org.uk](http://www.stopitnow.org.uk)**

## Sources of help

### Stop it Now! Helpline 0808 1000 900

**[www.stopitnow.org.uk](http://www.stopitnow.org.uk)** The Stop it Now! confidential freephone Helpline is available for you to call and discuss any immediate issues you have with trained operators who can offer confidential and impartial advice. They will help you explore options, including managing future behaviour. This service is available to anyone who has been arrested, cautioned or convicted for accessing indecent images of children online, their partners, relatives and friends.



**Call our confidential freephone Helpline on 0808 1000 900 or email us at [help@stopitnow.org.uk](mailto:help@stopitnow.org.uk)**

### Online support

You can also access support online through the website **[www.get-help.stopitnow.org.uk](http://www.get-help.stopitnow.org.uk)** The website offers information and support to the family and friends of people arrested for, or suspected of, accessing indecent images of children online. It also offers self-help tools and resources to those who have been arrested, to help them understand and address their behaviour.

### Parents Protect!

**[www.parentsprotect.co.uk](http://www.parentsprotect.co.uk)** This website is for parents and carers and gives practical advice on how to keep children safe from sexual abuse as well as a learning programme which explains some of the key issues around sexual abuse.



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