

Working to protect children

The Lucy Faithfull Foundation's legacy information pack

Your gift will make the future safer for children

Leave a gift in your Will and become a Faithfull Friend

Child sexual abuse is preventable, not inevitable.

The Lucy Faithfull Foundation is the only UK-wide charity dedicated solely to protecting children from sexual abuse. We believe that child sexual abuse is preventable and all children deserve to live in a world free from sexual abuse and exploitation.

Our pioneering work in preventing child sexual abuse can be a challenging cause for some; it is a sensitive subject that is hard to talk about, and yet child sexual abuse is a major public health problem that causes untold harm to millions of children.

We tackle the root causes of child sexual abuse by working with entire families affected by or concerned about abuse including: adult offenders or those worried about their own thoughts and behaviour (to prevent harm from happening in the first place, or to prevent it from happening again); young people with inappropriate sexual behaviours; victims of abuse; family and friends affected by a loved one's offending and frontline workers and professionals.

We work tirelessly in our mission to protect all children and young people from sexual abuse by preventing it and responding to it.

Every year we help thousands of people take action to help keep children safe.

We keep children safe by:



Providing free and confidential advice through our helpline to protect children



Creating safer environments within families, in communities and online



Equipping professionals with the knowledge and tools to better protect children



Influencing social and political attitudes about how children can best be protected

Helping people achieve

positive change and

offence-free living



Impact of leaving a gift in your Will

Your gift, no matter the size, can have a valuable and lasting impact on our work to keep children safe from sexual abuse. It is a gift that costs you nothing now, but will make a real difference in creating a safer future for children.

Leaving a gift in your Will enables skilled advisors to answer calls, emails and live chats on our Stop It Now! helpline. Every year, more than 7,000 people receive vital child protection advice and support from our team.

Leaving a gift in your Will ensures that our experts produce resources for parents, carers and professionals to learn about the warning signs of abuse, how to talk about consent and other key information to help keep children safe from harm.

Your legacy will be at the forefront of our living-saving work to anticipate the next serious risk that children might face – and to create interventions and campaigns that save them from harm.

Become a Faithfull Friend and help us on our journey to a world where all children are able to live free from sexual abuse and exploitation.

Your gift could support someone like Bobby to get the help they need

Bobby, 17, was arrested on suspicion of viewing and sharing sexual images of children. His father, John, contacted the helpline for advice and support while the police investigation was ongoing. He was worried about what was going to happen and wanted to know how best to support Bobby. He told us Bobby was hoping to attend university soon.

We met with Bobby and his parents. Bobby seemed quite dismissive of the intervention at first and unconcerned with his situation. However, this was a coping mechanism rather than his real feelings and he implied he wanted to understand how and why he behaved in this way. His parents were honest and open and showed unconditional support towards their son – they were full of guilt that they had not 'spotted his behaviour'. Bobby completed our Inform Young People programme.

Bobby was suffering with low self-esteem, however, as the programme progressed there were many recognisable changes in Bobby; he became more engaged with each session; he was open to challenging his negative thoughts, and his personal confidence increased.

By the end of the programme, Bobby had increased his positive activities, leading to reductions in his negative self-esteem. He developed effective strategies to implement when away at university to help him stay safe online, recognise triggers of risky online behaviour and steps to take if he felt unsafe. Bobby reported he was no longer seeking out illegal images and now has hope for the future.

Our Inform Young People programme helps families affected by harmful sexual behaviour to move forward with their lives.

Your gift could help a young person who has engaged in harmful sexual behaviour receive the specialist support they need to grow up safely and meet their full potential.

Why are Wills so important?

A Will is a legal document that lets you decide what happens to your money, property and possessions after your death. Primarily, it's the best way to make sure your friends and family are provided for. We understand that this is the most important thing to consider first.

After you have made sure of that, a gift in your Will is an opportunity to make a final and lasting gift to a cause you care about. In some cases, leaving a gift to a charity in your Will can help reduce (or even eliminate entirely) the amount of inheritance tax payable from your estate.

If you would like to know more about this, we recommend discussing it further with a legal professional.

Why our supporters have left a gift in their Will in their own words

"I chose The Lucy Faithfull Foundation because it provides a wide range of support, I think [it] is crucial to help the victims of child abuse, protect children, and provide a place for those who might abuse to seek guidance. If my abuser had an opportunity to talk to someone then my childhood and adulthood might have been very different."

Matt, Faithfull Friend

"The Lucy Faithfull Foundation began by drawing together a group of this country's foremost experts and heroically committed to tackling the prevention of sexual abuse of children. Over time, their cumulative expertise has persuaded a doctrinal shift in the ways in which offenders and their victims are treated by the police and prison services, by the courts and by statutory agencies, and has now established the Foundation as the 'go to' non-governmental organisation for parents and professionals needing help on how to protect children from sexual harm. Its work is discreet at times harrowing and always unquestioningly crucial."

Richard Monk, CMG OBE QPM former Metropolitan Police Commander and UN Police Commissioner in Bosnia and Kosovo

Our gift in Will promise

If you are considering leaving a gift in your Will to The Lucy Faithfull Foundation, we want you to feel completely comfortable about it.

Our promises demonstrate our lasting commitment to you, your family and loved ones, and the children your gift will help.

- * We appreciate that your family and loved ones always come first and promise to treat you and your family with courtesy, compassion and respect.
- * You have the right to change your mind about a gift in your Will to The Lucy Faithfull Foundation at any time without telling us.
- * We understand that your Will is completely personal to you. We will always respect your privacy.
- * We will handle whatever gift you leave us efficiently, so that it can do the greatest good, and with the utmost care, sensitivity and respect.

Your gift could support people like Sharon

Sharon called our helpline after her husband of 10 years was arrested for viewing indecent images of children. She was highly distressed, and worried about the impact of his arrest on both her, and her young children, aged 8 and 6.

Having never been involved with statutory services before, Sharon had some immediate questions. Our advisors helped her to understand the role children's services would play and what she ought to expect. They also explored how some people come to engage in such behaviour as Sharon was struggling to see how this could have happened.

Sharon said she was scared to talk to anyone about her situation. Our advisor suggested she attend our Inform programme to share and learn from others in a similar situation. She was also pointed to our Family and Friends Forum for online peer support.

Our Friends and Family Forum helps people feel less isolated after someone they know has committed online sexual offences.

Your gift could help fund the development, monitoring and upkeep of our Family and Friends Forum and give people valuable support in difficult situations.

Thank you again for thinking of leaving a gift in your Will to help us prevent more children and young people from being harmed.

This information pack is not intended as legal advice from The Lucy Faithfull Foundation. We recommend you seek independent professional advice when preparing your Will.

If you have any questions at all, we would be delighted to help. You can call us on 01372 847160 or email **<u>supporters@lucyfaithfull.org.uk</u>**. For further information, visit: **lucyfaithfull.org.uk/legacies**.

Connect online:

To keep updated with our news, follow us on social media or sign up to our newsletter **lucyfaithfull.org.uk/signup.htm**.

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Charity information:

The Lucy Faithfull Foundation is a registered Charity No. 1013025, and is a company limited by guarantee, registered in England No. 2729957. Registered office: 2 Birch House, Harris Business Park, Hanbury Road, Stoke Prior, Bromsgrove, B60 4DJ.



Find out more about our work to protect children at: <u>lucyfaithfull.org.uk</u> Visit our Stop It Now! campaign and helpline at: <u>stopitnow.org.uk</u> Stop It Now! Scotland: <u>stopitnow.org.uk/stop-it-now-scotland</u> Stop It Now! Wales: <u>stopitnow.org.uk/wales</u> For prevention information visit: <u>parentsprotect.co.uk</u>

